



Concussion Monitoring and Management in NC Public Schools

In October 2015, the NC State Board of Education approved policy HRS-E-001, titled *Return-to-Learn After Concussion*. This education policy includes guidelines for safe and appropriate return to the educational environment for ALL students post-concussion. Although this policy includes student-athletes protected under the Gfellar-Waller Concussion Awareness Act, it is further reaching. Return-to-Learn After Concussion includes requirements for safe return to school for any student in NC public schools who sustains a mild Traumatic Brain Injury (mTBI), more commonly referred to as a concussion.



This policy is linked to the State Board of Education Strategic Plan under **Goal 5** (Every student is healthy, safe, and responsible), **Objective 2** (Promote healthy and active lifestyles for students).



The requirements of Return-to-Learn After Concussion became effective at the onset of the 2016-2017 academic year. At this time, all NC public schools are to implement these requirements.

The policy, along with information and resources designed to support schools and districts in their implementation are below:

General Information:

NC State Board of Education Policy HRS-E-001 – Return-to-Learn After Concussion
Guidelines for Implementation
Parent Information

Educator & Parent Resources:

Return-to-Learn (Concussion Monitoring)

Access the webinar

Access the slides

Webinar Q&A document

Gfellar-Waller Concussion Awareness Act

Returning to School After a Concussion: A Fact Sheet for School Professionals

American Academy of Pediatrics: Returning to Learning Following a Concussion

